

SPA TREATMENT MENU

Your journey to total relaxation and well-being begins at Delaire Graff Spa. Set in exquisite surroundings, five elegant and private spa suites offer a more rarefied calm, where skin perfection and treatments leave the body and mind in balance.

*ALL TREATMENTS INCLUDE A REFRESHING DRINK FROM INDOCHINE | ALL FACIALS INCLUDE A BROW SHAPE & TINT

DELUXE TREATMENTS

45 MINUTES | R 750 per treatment

ORGANIC GOODLEAF CBD | Lower Leg & Feet Warm Poultice Massage

Deeply relaxing, reduces stress and strengthens immunity

ORGANIC GOODLEAF CBD | Pressure point facial therapy

Deeply hydrating, de-sensitising, purifying, obsidian foam face massage

LOMI-LOMI | Massage Therapy

Encourage healing physically, emotionally and spiritually by harmonically balancing the body and mind

HIMALAYAN SALT DETOX BODY POLISH | Body brushing

Tailor made body scrub with organic essential oils; lymph drainage

CAROL JOY LONDON TOUCH OF SILK HAIR TREATMENT | Hair and scalp treatment

Pressure point head, neck and shoulder therapy. Includes collagen eye mask application

LUXURY TREATMENTS

60 MINUTES | R 1 300 per treatment

DR BARBARA STURM | Glow Facial Therapy

Refines skin irregularities, hyaluronic serum, purslane

AFRICAN BOTANICAL WARM OIL MASSAGE | Boabab pindas, warm poultices

Deeply relaxing, detoxifying, eases muscle aches

AROMATHERAPY ASSOCIATES | Muscle Relaxer

Body brushing, strengthens immunity, warm rosemary and juniper essential oils

AFRICAN MELON BODY POLISH | Full body exfoliation; back, neck and shoulder massage

Gently buffs, brightens, smoothes skin texture. Followed by pressure point back, neck and shoulder massage

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SUPERIOR TREATMENTS

90 MINUTES | R 1 700 per treatment

BLACK PEARL | Body Illumination Ritual

Dead Sea salt scrub, marine mineral and 24 Karat gold body butter, Tahitian Pearl Powder

DELAIRE GRAFF SPA | Signature Deep Tissue Massage

Trigger point therapy, stretching, Bella Baci cups, warm poultices

DR BARBARA STURM | Resculpting Lifting Facial Therapy

Micro-needling, purslane and hyaluronic serum, myofascial massage

CAROL JOY LONDON GOLD AND COLLAGEN FACIAL | Anti-aging

Touch of softness, double masking with collagen and 24kt gold, touch of silk hair treatment

DELAIRE GRAFF SPA | Innerstrength Spa Ritual

Aromatherapy Associates detoxifying back, neck and shoulder massage, including Bella Baci cups, ultimate hand therapy, Aromasensory Calming Chamomile Facial

DELAIRE GRAFF SPA PACKAGE

R 3 400 per person | Half day

120 MIN SPA RITUAL | Consultation & Spa Treatment

Your choice of spa treatments from our Summer Escape menu

INDOCHINE LUNCH EXPERIENCE | 3-course Menu

Beautifully balanced flavours find creativity and unexpected combinations under Head Chef Virgil Kahn's philosophy

SPA FACILITIES | Infinity pool, jacuzzi

After lunch, enjoy use of our beautiful spa deck with views of Table Mountain

GROOMING

EVO GEL APPLICATION | Gentle nail care and gel application

Lavender base, oxygenating top coats, beautiful colors

60 MINUTES | R 450 per treatment

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GEMINI POLISH APPLICATION | Long lasting polish, re-varnish 30 MINUTES | R 300 per treatment
 Nail polish treatments for specific nail concerns, French Polish

GEL SOAK OFF | Conditioning 30 MINUTES | R 200 per treatment
 Vitamin Nail treatment

WAXING| Lamica gentle wax Prices on request

MARGARET DABBS | Hand Therapy including polish application 60 MINUTES | R 500 per treatment
 Brightening mandarin oil, anti-microbial lemon myrtle, polish

MARGARET DABBS | Foot Therapy, including polish application 60 MINUTES | R 700 per treatment
 Brightening mandarin oil, anti-microbial lemon myrtle, polish

ENHANCEMENTS 30 MINUTES | R 500 per treatment

MICRONEEDLING | Dermapen collagen induction*
 Advanced skin needling technology, induces collagen production, aids active ingredient absorption

DELAIRE SPA PEELS | Simildiet specialized peels*
 Mandelic, Glycolic and Yellow peel to choose from. Visible results

KNESKO COLLAGEN MASK | Diamond Dust and Gold dust*
 Reiki infused collagen masks give instant hydrating and anti-aging results

TECHNOLOGY | Specialized treatments*
 Your choice of LED, diamond tip micro-dermabrasion or nano non-surgical face lift

*add on to a facial treatment

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JARDIN RITUALS

30 MINUTES | R 650 per treatment

Inspired and using elements of our exquisite Delaire Graff Estate gardens like freshly picked lime leaves, rosemary, lavender and bay leaves, we take you on a journey of connection to nature. This intimate space allows for healing on a personal level, nature to skin, skin to heart, and heart to mind. Allow yourself to be mesmerized.

LIME LEAF AND BOABAB SEED ABDOMEN MASSAGE | Aids digestion

Warm poultices, warm oil, invigorating and stimulating, encourages cleansing

ROSEMARY AND BAY LEAF HEAD RITUAL | Headaches and hair growth

Warm poultices, warm oil, pain relief, pressure point head, face and shoulder ritual

LAVENDER AND PINE NEEDLE FEET RITUAL | Insomnia and immunity

Himalayan salt scrub; pressure point leg and feet massage; hydrating herb feet mask

ROSE GERANIUM AND KUMQUAT BACK TREATMENT | Hormone balancing and uplifting

Warm pockets of leaves, organic essential oils, acupressure massage

JARDIN DE DELAIRE SIGNATURE COUPLES EXPERIENCE

R 2 500 per person

This ritual is inspired by the gardens on our estate entails an African botanical candle massage, and entails blending your own botanical scrub sourced from our gardens and then applying the botanical scrub and rooibos infused body mask to each other in our private sauna and steam room facility.

Following your ritual, you will enjoy a complimentary bottle of Delaire Graff Sunrise MCC while enjoying the beautiful views of Table Mountain.

INCLUDES

60-minute African botanical candle massage, botanical body scrub, rooibos and aloe soufflé body mask, private sauna and steam room session, use of our private facilities and bottle of Delaire Graff Sunrise MCC.