



DELAIRE GRAFF SPA



THE ART OF WELL-BEING

Visit Delaire Graff Spa and embark upon a journey of holistic healing and self-discovery within a beautifully curated art-inspired wellness sanctuary. Every artwork that adorns the Spa has been carefully selected for inclusion by the Owner of Delaire Graff Estate, Laurence Graff OBE, from his personal collection which includes many of South Africa's most celebrated contemporary artists.

Expert therapists draw inspiration from these magnificent artworks and are guardians of stillness, peace and serenity. We invite you to reflect on these insightful pieces crafted by artists including Deborah Bell, Ndikhumbule Ngqinambi and Lionel Smit during your time with us. Our magnificent heated infinity pool, luxurious sauna and steam room, heated jacuzzi and relaxation room also provide the perfect places to pause between half or full-day treatments.

At Delaire Graff Spa, our philosophy is centred around immersive and deeply personal rituals, delivered with intention to ensure complete physical and emotional well-being. In addition to our extensive treatment list, we craft bespoke experiences that focus on your needs – or the results you would like to achieve.

We welcome you to Delaire Graff Spa and invite you to experience the art of well-being.



BALINESE GIRL BY
VLADIMIR TRETCHIKOFF
[Embody pure beauty]





THE BRANDS

Discover expert, globally renowned products

JARDIN DE DELAIRE

From the moment you arrive at Delaire Graff Estate, acres of tranquil gardens and vineyards beautifully designed to engage the senses greet you. Jardin de Delaire is an exquisite reflection of this botanical paradise, with a revitalising and uplifting fragrance profile. Hand-crafted by local artisans it remains true to the Estate's philosophy of social responsibility and eco-sustainability.

AUGUSTINUS BADER

Professor Augustinus Bader is a biomedical scientist, physician and one of the foremost experts in stem cell biology and regenerative medicine. Inspired by 30 years of research and innovation, he created revolutionary, high-performance skin and hair care. Powered by TFC8® technology, it guides vital nutrients and powerful natural ingredients to cells, developing and supporting cellular renewal.

IRENE FORTE

Led by Scientific Director Dr. Francesca Ferri, Irene Forte Skincare is built on over 35 years of groundbreaking research, with every formula clinically proven and rooted in advanced science. Harnessing the power of nature through innovation, the vegan-certified range features natural ingredients carefully cultivated for maximum efficacy. This approach to quality begins at its organic farm in Sicily where botanicals are grown before each formulation is meticulously crafted in Italy. Every product boasts a delicate, allergen-screened fragrance and is accredited for sensitive skin.

VOYA

Grounded in science but inspired by the Atlantic Ocean and the ancient Irish tradition of seaweed bathing, well-being lies at the heart of VOYA. A family owned brand established over 10 years ago, VOYA set the standard as the world's first certified organic seaweed-based skincare range offering a revolutionary range of results-driven facial, body and lifestyle products, combining the expertise of the world's best cosmetic scientists with VOYA's expertise on the therapeutic benefits of seaweed.



BESPOKE EXPERIENCES

Delaire Graff Spa is renowned for curating bespoke experiences. Our expert therapists are dedicated to crafting treatments tailored to your needs. We invite you to book a timeframe of your choice, and we will create an experience just for you.

Alternatively, please choose from our extensive treatment list.

DELUXE WELL-BEING

45 Minutes | R 1 950

LUXURY WELL-BEING

60 Minutes | R 2 500

SUPERIOR WELL-BEING

90 Minutes | R 2 900

ICONIC WELL-BEING

Half Day Spa Ritual *120 Minutes | R 5 380*

Signature Couples Ritual *120 Minutes | R 9 720*

GROOMING

Click here







DELUXE TREATMENTS

45 Minutes | R 1 950

JARDIN DE DELAIRE | STRETCH AND RELEASE

back, neck and shoulder massage, sound therapy, pressure points, deep breathwork

JARDIN DE DELAIRE | BOTANICAL SCRUB

full body exfoliation, softening, sensory experience, deeply hydrating

AUGUSTINUS BADER | THE METHOD FACIAL MASSAGE AND EYE DETOX

re-sculpting facial massage, bright eyes, lymph drainage, hot and cold therapy



LUXURY TREATMENTS

60 Minutes | R 2 500

JARDIN DE DELAIRE | BOTANICAL WARM OIL MASSAGE

deeply relaxing, detoxifying, eases muscle aches, warm poultices, hot stones

AUGUSTINUS BADER | THE METHOD FACIAL

signature Bader fascia massage, treats specific skin concerns, firmness, reduces puffy eyes

AUGUSTINUS BADER | MANUAL FASCIA BODY MASSAGE

full body massage, hot stones, reduces swollen legs, detoxifying body oil and body cream application

IRENE FORTE | ETNA LONGEVITY FACIAL

signature double massage technique, incorporating cold therapy, treats specific skin concerns, refreshes, and rejuvenates

VOYA | STIMULATING SEAWEED BODY BUFF

full body exfoliation, body nourisher, including a facial with facial massage

VOYA | HERBAL SLEEP COCOON

full body polish, full body spiced wrap, scalp massage accompanied with singing bowls







SUPERIOR TREATMENTS

90 Minutes | R 2 900

JARDIN DE DELAIRE | SIGNATURE DEEP TISSUE MASSAGE
trigger point therapy, stretching, Bella Baci cups, warm poultices

JARDIN DE DELAIRE | BOTANICAL REST AND RESTORE BATH RITUAL
full body polish, muscle relaxing bath, face cleanse and cream face mask concluding with a rejuvenating back, neck & shoulder massage

AUGUSTINUS BADER | THE METHOD FACIAL
exfoliation, signature Bader fascia massage, Augustinus Bader algae sheet mask application, warm hair oil and scalp treatment

AUGUSTINUS BADER | MANUAL FASCIA BODY MASSAGE
full body massage, hot stones, rosemary and geranium infused Namibian salt cold water immersion bath
*please bring a swimming costume

IRENE FORTE | HORSE-CHESTNUT & WITCH-HAZEL CRYO DEEP TISSUE MASSAGE
dry body brushing to promote lymphatic drainage, deep tissue back massage targeting muscle knots, manual lymph leg massage followed by a Horse Chestnut Mask and Witch-Hazel Cryo spray to revitalise legs, finishing with a scalp massage for complete rejuvenation.

VOYA | ORGANIC SEAWEED LEAF WRAP
full body polish, seaweed wrap, body nourisher infused with rosemary and lavender ending with a relaxing scalp massage

VOYA | MENOPAUSE WELLNESS
full body massage, scalp massage, facial including an organic mask and Voya organic seaweed eye compresses

VOYA | MINDFUL DREAMS
leg and foot polish, full body massage, scalp massage including face cleanse and massage



ICON JOURNEYS

DELAIRE GRAFF HALF DAY SPA RITUAL

R 5 380 per person

120 MINUTE SPA TREATMENT

Your choice of 120 minutes of spa treatments from the Deluxe and Luxury options.

or

VOYA ICON EXPERIENCE

Atlantic Seaweed Immersion Bath Ritual

or

IRENE FORTE ICON EXPERIENCE

Irene Forte Prickly Pear, Pomegranate and Pistachio Face and Body Ritual

+

HŌSEKI LUNCH EXPERIENCE | GOURMET JAPANESE CASUAL DINING

Experience contemporary Japanese cuisine imbued with the creative flair and vibrancy for which Head Chef Virgil Kahn is renowned.

+

SPA FACILITIES | HEATED INFINITY POOL AND JACUZZI

To conclude, enjoy the use of our beautiful spa deck with views across to Table Mountain.





LAWN CHEETAH BY DYLAN LEWIS
[Embark upon a spiritual journey]



SIGNATURE COUPLES EXPERIENCE

R 9 720 per couple | 120 min

A ritual inspired by the magnificent floral gardens of Delaire Graff Estate. This sensory journey begins with a sacred African oil couples massage. You are then invited to blend your own botanical scrub with ingredients sourced from our gardens, and apply this along with a rooibos-infused body mask to each other in our private sauna and steam room.

Following your ritual, we invite you to enjoy a delicious bento box lunch and a bottle of Delaire Graff Sunrise Brut Cap Classique while enjoying breathtaking views across to the Hottentots Nature Reserve and Table Mountain.

INCLUDES

- 60-minute African botanical massage
- Massage scrub
- Soufflé body mask
- Private sauna and steam room session
- Use of our private facilities
- Bottle of Sunrise Brut Cap Classique
- Bento box lunch at Hōseki





GROOMING

BIO SCULPTURE MANICURE

nail care, buff, scrub, massage, gel or polish

| *75 Minutes | R 1050*

BIO SCULPTURE PEDICURE

nail care, buff, scrub, massage, foot mask, medi-heel treatment,
gel or polish

| *90 Minutes | R 1 400*

GEL SOAK OFF

conditioning, vitamin nail treatment

| *30 Minutes | R 450*

WAXING | LAMICA GENTLE WAX

| *Prices available on request*

**All spa and grooming treatments include a relaxing eye mask. Not applicable for waxing treatments.*



OPERATING HOURS

09:00 – 18:00 (daily)

Spa facilities for lodge guests and day spa packages only.

Facility charge for non-resident lodge or spa package guests – subject to availability.

FACILITIES

One couple's suite with en-suite shower and hydrotherapy bath and outside couples shower in private courtyard.

Two single-treatment suites with en-suite shower and hydrotherapy bath and private courtyard.

One single-treatment suite with en-suite shower.

One single treatment room suite.

Steam room and Swedish sauna.

Cloakrooms with secure lockers, gowns, towels, slippers and showers.

22-metre outdoor heated infinity pool with heated Jacuzzi.

Fully equipped technogym is exclusively for our lodge guests only.

SPA QUIET ZONE

We kindly request that you switch off your mobile phone to respect the tranquil spa environment.

SPA ARRIVAL

We kindly request that you arrive 15 minutes prior to your spa reservation in order to fill in our guest consultation form, stating any medical conditions you may have. Please be aware that late arrivals may result in a reduction of your treatment time.







RESERVATIONS & CANCELLATION POLICY

We recommend scheduling treatments one week prior to your requested date. Should you wish to reschedule or cancel any appointments or packages, please inform the spa 24 hours in advance for a full refund. Missed appointments or no shows will be charged 100% for reserved services.

CHILDREN'S POLICY

For children's spa enquiries, please contact our spa reception.

GIFT VOUCHERS

Gift vouchers for Delaire Graff Spa are available from our online store at store.delaire.co.za. Alternatively, please contact our Spa Reception for further information.

GUEST FEEDBACK

In order to ensure ultimate guest experience, we greatly appreciate your feedback. Please feel free to contact the spa manager to share your experience - spa@delaire.co.za.

In keeping with our commitment to effortless elegance, Delaire Graff is a cashless estate, welcoming payment by card exclusively.

