

DELAIRE GRAFF SPA



THE ART OF WELL-BEING

Visit Delaire Graff Spa and embark upon a journey of holistic healing and self-discovery within a beautifully curated art-inspired wellness sanctuary. Every artwork that adorns the Spa has been carefully selected for inclusion by the Owner of Delaire Graff Estate, Laurence Graff OBE, from his personal collection which includes many of South Africa's most celebrated contemporary artists.

Expert therapists draw inspiration from these magnificent artworks and are guardians of stillness, peace and serenity. We invite you to reflect on these insightful pieces crafted by artists including Deborah Bell, Ndikhumbule Ngqinambi and Lionel Smit during your time with us. Our magnificent infinity pool, luxurious sauna and steam room, heated jacuzzi and relaxation room also provide the perfect places to pause between half or full-day treatments.

At Delaire Graff Spa, our philosophy is centred around immersive and deeply personal rituals, delivered with intention to ensure complete physical and emotional well-being. In addition to our extensive treatment list, we craft bespoke experiences that focus on your needs – or the results you would like to achieve.



We welcome you to Delaire Graff Spa and invite you to experience the art of well-being.

THE SENTINELS BY DEBORAH BELL [Be guided by stillness and reflection]



THE BRANDS Discover expert, globally renowned products

JARDIN DE DELAIRE

From the moment you arrive at Delaire Graff Estate, acres of tranquil gardens and vineyards beautifully designed to engage the senses greet you. Jardin de Delaire is an exquisite reflection of this botanical paradise, with a revitalising and uplifting fragrance profile. Hand-crafted by local artisans it remains true to the Estate's philosophy of social responsibility and eco-sustainability.

AUGUSTINUS BADER

Professor Augustinus Bader is a biomedical scientist, physician and one of the foremost experts in stem cell biology and regenerative medicine. Inspired by 30 years of research and innovation, he created revolutionary, high-performance skin and hair care. Powered by TFC8® technology, it guides vital nutrients and powerful natural ingredients to cells, developing and supporting cellular renewal.

IRENE FORTE

Led by Scientific Director Dr. Francesca Ferri, Irene Forte Skincare is built on over 35 years of groundbreaking research, with every formula clinically proven and rooted in advanced science. Harnessing the power of nature through innovation, the vegan-certified range features natural ingredients carefully cultivated for maximum efficacy. This approach to quality begins at its organic farm in Sicily where botanicals are grown before each formulation is meticulously crafted in Italy. Every product boasts a delicate, allergen-screened fragrance and is accredited for sensitive skin.

BESPOKE EXPERIENCES

Delaire Graff Spa is renowned for curating bespoke experiences. Our expert therapists are dedicated to crafting treatments tailored to your needs. We invite you to book a timeframe of your choice, and we will create an experience just for you.

Alternatively, please choose from our extensive treatment list.

DELUXE WELL-BEING	45 Minutes R 1 850
LUXURY WELL-BEING	60 Minutes R 2 400
SUPERIOR WELL-BEING	90 Minutes R 2 800
ICONIC WELL-BEING	
Half Day Spa Ritual	120 Minutes R 5 000
Jardin de Delaire Signature Couples Ritual	120 Minutes R 9 000

GROOMING

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DELUXE TREATMENTS 45 Minutes | R 1 850

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JARDIN DE DELAIRE | STRETCH AND RELEASE

back, neck and shoulder massage, sound therapy, pressure points, deep breathwork

JARDIN DE DELAIRE | BOTANICAL SCRUB full body exfoliation, softening, sensory experience, deeply hydrating

AUGUSTINUS BADER | THE METHOD FACIAL MASSAGE AND EYE DETOX re-sculpting facial massage, bright eyes, lymph drainage, hot and cold therapy

KNESKO | GEMCLINICAL FACIAL

micro-needling, cryotherapy, collagen mask application, acupressure foot massage

LUXURY TREATMENTS 60 Minutes | R 2 400

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JARDIN DE DELAIRE | BOTANICAL WARM OIL MASSAGE

deeply relaxing, detoxifying, eases muscle aches, warm poultices, hot stones

AUGUSTINUS BADER | THE METHOD FACIAL

signature bader fascia massage, treats specific skin concerns, firmness, reduces puffy eyes

AUGUSTINUS BADER | MANUAL FASCIA BODY MASSAGE

dry full body brushing, hot stones, reduces swollen legs, detoxifying body oil and body cream application

KNESKO | GEMCLINICAL FACIAL

micro-needling, cryotherapy, collagen mask application, acupressure foot massage



MORPHOUS BY LIONEL SMIT [A reinterpretation of identity and duality]

SUPERIOR TREATMENTS 90 Minutes | R 2 800

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JARDIN DE DELAIRE | SIGNATURE DEEP TISSUE MASSAGE

trigger point therapy, stretching, Bella Baci cups, warm poultices

JARDIN DE DELAIRE | BOTANICAL REST AND RESTORE BATH RITUAL

full body exfoliation, muscle relaxing bath, Knesko collagen face mask, back, neck & shoulder massage

AUGUSTINUS BADER | THE METHOD FACIAL

butterfly pea flower foot soak, exfoliation, signature bader fascia massage, vegan algae sheet mask application, warm hair oil and scalp treatment

AUGUSTINUS BADER | MANUAL FASCIA BODY MASSAGE

full body massage, hot stones, rosemary and geranium infused Himalayan salt cold water immersion bath *please bring a swimming costume

KNESKO | GEMCLINICAL FACIAL

micro-needling, cryotherapy, collagen mask application, acupressure foot massage

ICON JOURNEYS

DELAIRE GRAFF HALF DAY SPA RITUAL

R 5 000 per person

120 MINUTE SPA TREATMENT

Your choice of 120 minutes of spa treatments from the Deluxe and Luxury options.

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HÖSEKI LUNCH EXPERIENCE | GOURMET JAPANESE CASUAL DINING

Experience contemporary Japanese cuisine imbued with the creative flair and vibrancy for which Head Chef Virgil Kahn is renowned.

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SPA FACILITIES | INFINITY POOL AND JACUZZI

After a gourment bento box style lunch at Hōseki, enjoy the use of our beautiful spa deck with views across to Table Mountain.

THE CROSSING BY DEBORAH BELL [Embark upon a spiritual journey]



JARDIN DE DELAIRE SIGNATURE COUPLES EXPERIENCE

R 9 000 per couple | 120 min

A ritual inspired by the magnificent floral gardens of Delaire Graff Estate. This sensory journey begins with a sacred African oil couples massage. You are then invited to blend your own botanical scrub with ingredients sourced from our gardens, and apply this along with a rooibos-infused body mask to each other in our private sauna and steam room.

Following your ritual, we invite you to enjoy a delicious bento box lunch and a bottle of Delaire Graff Sunrise Brut Cap Classique while enjoying breathtaking views across to the Hottentots Nature Reserve and Table Mountain.

INCLUDES

60-minute African botanical massage Jardin de Delaire botanical massage scrub Rooibos aloe soufflé body mask Private sauna and steam room session Use of our private facilities Bottle of Sunrise Brut Cap Classique Bento box lunch at Hōseki



GROOMING

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MARGARET DABBS MANICURE nail care, buff, scrub, massage, polish/gel	75 Minutes R 850
MARGARET DABBS PEDICURE nail care, buff, scrub, massage, polish/gel	75 Minutes R 1 10
GEMINI POLISH APPLICATION nail polish treatment for specific concerns	45 Minutes R 345
GEL SOAK OFF conditioning, vitamin nail treatment	30 Minutes R 450
WAXING LAMICA GENTLE WAX	Prices available on request

*All treatments include a relaxing eye mask

OPERATING HOURS

09:00 - 18:00 (daily)

Spa facilities for lodge guests and day spa packages only. Facility charge for non-resident lodge or spa package guests – subject to availability.

FACILITIES

One couple's suite with en-suite shower and hydrotherapy bath and outside couples shower in private courtyard.

Two single-treatment suites with en-suite shower and hydrotherapy bath and private courtyard.

One single-treatment suite with en-suite shower.

One single treatment room suite.

Steam room and Swedish sauna.

Cloakrooms with secure lockers, gowns, towels, slippers and showers.

22-metre outdoor infinity pool with heated Jacuzzi.

Fully equipped technogym is exclusively for our lodge guests only.

SPA QUIET ZONE

We kindly request that you switch off your mobile phone to respect the tranquil spa environment.

SPA ARRIVAL

We kindly request that you arrive 15 minutes prior to your spa reservation in order to fill in our guest consultation form, stating any medical conditions you may have. Please be aware that late arrivals may result in a reduction of your treatment time.





RESERVATIONS & CANCELLATION POLICY

We recommend scheduling treatments one week prior to your requested date. Should you wish to reschedule or cancel any appointments or packages, please inform the spa 24 hours in advance for a full refund. Missed appointments or no shows will be charged 100% for reserved services.

CHILDREN'S POLICY

For children's spa enquiries, please contact our spa reception.

GIFT VOUCHERS

Gift vouchers for Delaire Graff Spa are available from our online store at store.delaire.co.za. Alternatively, please contact our Spa Reception for further information.

GUEST FEEDBACK

In order to ensure ultimate guest experience, we greatly appreciate your feedback. Please feel free to contact the spa manager to share your experience - spa@delaire.co.za.