



SPA TREATMENT MENU

1 JULY - 30 SEPTEMBER 2020

Your journey to total relaxation and well-being begins at Delaire Graff Spa. Set in exquisite surroundings, five elegant and private spa suites offer a more rarefied calm, where skin perfection and treatments leave the body and mind in balance.

*ALL TREATMENTS INCLUDE A WARMING INDOCHINE SOUP | ALL FACIALS INCLUDE A BROW SHAPE & TINT

EXPRESS TREATMENTS

45 MINUTES | R 550 per treatment

MARGARET DABBS | Hand Therapy, including collagen eye treatment
Brightening mandarin oil, anti-microbial lemon myrtle, medical grade collagen

MARGARET DABBS | Foot Therapy, including collagen eye treatment
Brightening mandarin oil, anti-microbial lemon myrtle, medical grade collagen

ORGANIC GOODLEAF CBD | Lower Leg & Feet Warm Poultice Massage
Deeply relaxing, reduces stress and strengthens immunity

LOMI-LOMI | Massage Therapy
Encourage healing physically, emotionally and spiritually by harmonically balancing the body and mind

DELAIRE GRAFF SPA | Signature Express Facial
Aloe vera, glycolic peel, micro-current therapy

DELUXE TREATMENTS

60 MINUTES | R 1 100 per treatment

DR BARBARA STURM | Glow Facial Therapy
Refines skin irregularities, hyaluronic serum, purslane

CAROL JOY | Lifting Facial Therapy
Repairs barrier function, medical grade collagen, myofascial massage

AROMATHERAPY ASSOCIATES | Muscle Relaxer
Body brushing, strengthens immunity, warm rosemary and juniper essential oils

SUPREME MARGARET DABBS | Manicure
Brightening mandarin oil, anti-microbial lemon myrtle, anti-aging emu oil

SUPREME MARGARET DABBS | Pedicure
Volcanic crushed stone scrub, anti-microbial lemon myrtle, peppermint and tea tree foot therapy

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LUXURY TREATMENTS

90 MINUTES | R 1 500 per treatment

BLACK PEARL | Body Illumination Ritual

Dead Sea salt scrub, marine mineral and 24 Karat gold body butter, Tahitian Pearl Powder

DELAIRE GRAFF SPA | Signature Deep Tissue Massage

Trigger point therapy, stretching, Bella Baci cups, warm poultices

DR BARBARA STURM | Resculpting Lifting Facial Therapy

Micro-needling, purslane and hyaluronic serum, myofascial massage

DELAIRE GRAFF SPA | Innerstrength Spa Ritual

Aromatherapy Associates detoxifying back, neck and shoulder massage, including Bella Baci cups, ultimate hand therapy, Aromasensory Calming Chamomile Facial

A DAY AT DELAIRE GRAFF ESTATE

R 3 200 per person

30 MIN JARDIN DE DELAIRE | Bath Experience in your Private Spa Suite

Relax and unwind in the comfort of your en-suite spa room with a beautiful bath experience

90 MIN LUXURY TREATMENT | Consultation & Spa Treatment

A choice of the Luxury Treatments incorporating Jardin de Delaire products, for the ultimate sensory experience

INDOCHINE LUNCH EXPERIENCE | 3-course Menu

Beautifully balanced flavours find creativity and unexpected combinations under Head Chef Virgil Kahn's philosophy

ESTATE & ART TOUR | Weather permitting

After lunch, explore the Estate with a privately hosted Art and Estate Tour

100% CAPRI | Styling Consultation

A private consultation at the 100% Capri linen boutique to find your personal sense of style

DELAIRE GRAFF ESTATE | STELLENBOSCH | SOUTH AFRICA

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